

TACTICAL LIFESAVER (TLS) **(8 HOURS)**

COURSE OVERVIEW:

The Tactical Lifesaver Course (TLS) 8-hours skills and scenario-based class that is designed for current Law Enforcement Officers. It is certified by the California Commission on Peace Officer Standards and Training (CA POST) and qualifies for 8 hours of CPT credit. TLS is also certified by the California Emergency Medical Services Authority (CA EMSA) for 4 hours of CEU's. All students will receive an Individual Trauma Kit (ITK) at the end of the class.

SITE REQUIREMENTS:

1. Large lecture space for 30+ students and placement of mannequins and other training equipment for skills/scenario training.
2. A/V capabilities

LECTURE TOPICS:

1. Lecture focusing on specific life-threatening and secondary injuries in the tactical environment
 - a. Understanding the concepts of treatment of life-threatening injuries on/off the "X" (hot zone)
2. Instruction on the following life-saving skills utilized in a tactical environment or other critical incident:
 - a. Conducting a primary physical survey on an injured victim in a tactical setting, utilizing the "raking technique".
 - b. Hemorrhage control utilizing:
 - Direct hand/finger pressure on arterial bleeds
 - Hemostatic dressing for wound packing
 - Pressure dressing
 - Tourniquet devices.
 - c. Airway management utilizing:
 - Manual airway maneuvers
 - Recovery position
 - Nasopharyngeal Airway (NPA).
3. Indications and management of tension pneumothorax secondary to penetrating chest trauma utilizing occlusive chest seals.

SCENARIO TRAINING:

1. Skills instruction on lift, drag, and carry procedures:
 - One man drags
 - Two-man carries
 - One/two-man walk assist
2. Small single-student scenario training
 - Active threat scenario
 - Officer down with extraction

ITK CONTENTS:

- (1) CAT Tourniquet
- (1) SWAT Tourniquet
- (1) Kerlix Roll
- (1) NPA and lubricant
- (1) Pressure Dressing
- (1) Occlusive Chest Seal
- (1) Trauma Sheers
- (1) Nitrile gloves
- (1) Tactical Carry Pouch